

## Instructions to the Authors

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### ■ About the Journal

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The *International Journal of Nutrition, Pharmacology, Neurological Diseases* is an international, open access, peer reviewed journal which covers all fields related to nutrition, pharmacology, neurological diseases.

The International Journal of Nutrition, Pharmacology, Neurological Diseases (IJNPND) is published semiannually. IJNPND has three main sections, such as nutrition, pharmacology and neurological diseases. IJNPND publishes Research Papers, Review Articles, Commentaries, case reports, brief communications and Correspondence in all three sections. Reviews and Commentaries are normally commissioned by the journal, but consideration will be given to unsolicited contributions.

### ■ Scope of the journal

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In nutrition section, IJNPND welcomes research papers including all aspects of experimental / clinical nutrition, invited articles/reviews/commentaries on nutritional issues.

In pharmacology section, IJNPND welcomes contributions in all fields of pharmacology. The work should have a direct bearing on drug effects, mechanisms or uses, or the development of new drug targets.

In neurological diseases section, IJNPND publishes papers on a broad range of topics of general interest to those working on all the neurological diseases.

All submitted articles should report original, previously unpublished research results, experimental or theoretical, and will be peer-reviewed. Articles submitted to the journal should meet these criteria and must not be under consideration for publication. Manuscripts should follow the style of the journal and are subject to both review and editing.

### ■ Manuscript Submission

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Register yourself as an author and submit the manuscript by clicking online submission. In case any problem through the on line submission authors are invited to submit their manuscripts through Journal email address ([editor@ijnpnd.com](mailto:editor@ijnpnd.com)) along with a covering letter preferably by the corresponding author or first author. Each manuscript will be provided with a manuscript and all correspondence is done through e-mail. Please always refer to the manuscript ID for any further enquiries. [editor@ijnpnd.com](mailto:editor@ijnpnd.com)

### ■ Protection of Patients' Right to Privacy

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Identifying information should not be published in written descriptions, photographs, sonograms, CT scans, etc., and pedigrees unless the information is essential for scientific purposes and the patient (or parent or guardian, wherever applicable) gives informed consent for publication. Authors should remove patients' names from figures unless they have obtained informed consent from the patients. The journal abides by ICMJE guidelines:

- 1) Authors, not the journals nor the publisher, need to obtain the patient consent form before the publication and have the form properly archived. The consent forms are not to be uploaded with the cover letter or sent through email to editorial or publisher offices.
- 2) If the manuscript contains patient images that preclude anonymity, or a description that has obvious indication to the identity of the patient, a statement about obtaining informed patient consent should be indicated in the manuscript.

### ■ Organizing the Manuscript

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The manuscript should be typewritten in 12-font size, 1.5 lines spacing, with margins of at least one inch on all sides. Pages should be numbered consecutively,

starting with the title page and the matter arranged in the following orders:

Article Type (Original Article, Review Article, Brief Report, Commentaries, Critical review, Case Report)

Title of the manuscript

Names of authors:- First Name\*, Middle & Last Name\* (\*Authors full name required) and their respective Corresponding author contact details with Phone No, fax and E-mail Id

Abstract (not exceeding 250 words)

Keywords (Up to 4-6 keywords)

Introduction/Background

Materials and Methods

Human and Animal Research

Statistical Methods

Results

Discussion

Conclusion

Acknowledgments

References

### **Title Page**

Title page contains title of the manuscript in boldface, title case (font size 14), names of the authors in normal face, title case (font size 12) followed by the address of authors in normal face, lower case (font size 12). Names of the authors should appear as initials followed by surnames. Full names may be given in some instances to avoid confusion. Followed by the author names, please provide the complete postal address or addresses with pin code number of the place(s), where the research work has been carried out. If the publication originates from several institutes, the affiliation of each author should be clearly stated by using superscript Arabic numbers after the name and before the institute. The author to whom correspondence should be directed must be indicated with an asterisk. At the bottom left corner of this page, please mention “\*Correspondence” and provide a functional e-mail address of the corresponding author to whom all correspondence (including galley proofs) is to be sent.

Manuscripts should be divided into the following section titles (normal face, upper case) and subtitles in each section (boldface, lower case)

### **Abstract**

An abstract not exceeding 250 words (for brief report between 70 and 100 words) should be provided typed on a separate sheet. The abstract should include aims, methods, results, and conclusion.

### **Keywords**

Up to 4-6 keywords must be provided in alphabetical order, preferably taken from Index Medicus. These keywords should be typed at the end of the abstract.

### **Introduction / Background**

It should be a concise statement of the background to the work presented, including relevant earlier work, suitably referenced. It should be started in a separate page after keywords.

### **Materials and Methods**

Documentation of methodology used should be sufficient to permit replication of the research. State the source of specialized materials, diets, chemicals, and instruments and other equipment. with model or catalog numbers. where appropriate. Specify kits, analyzers, and commercial laboratories used. Cite references for

methods whenever possible and briefly explain any modifications made.

### **Human and Animal Research**

Reports of human studies must include a statement that the protocol was approved by the appropriate institutional committee or that it complied with the Helsinki Declaration as revised in 1983. When preparing reports of randomized, clinical trials, authors should refer to the checklist published in the CONSORT Statement and should include as online supporting material a trial profile summarizing participant flow (2). Include in Methods the sizes (n) of initial (recruited, enrolled) and final groups. Research on animals should include a statement that the protocol was approved by the appropriate committee or complied with the Guide for the Care and Use of Laboratory Animals (3). Describe how animals were killed. Describe control and experimental animals or participants, giving age, weight, sex, race, and for animals, breed or strain. Include the supplier of experimental animals.

### **Statistical Methods**

Describe all statistical tests utilized and indicate the probability level (P) at which differences were considered significant. If data are presented in the text, state what they represent (e.g. means  $\pm$  SEM). Indicate whether data were transformed before analysis. Specify any statistical computer programs used.

### **Results**

The important results of the work should be clearly stated and illustrated where necessary by tables and figures. The statistical treatment of data and significance level of the factors should be stated wherever necessary. Data that is not statistically significant need only to be mentioned in the text - no illustration is necessary.

### **Tables**

Should each be typed on a separate page, numbered in sequence with the body of the text. Tables should be headed with a short, descriptive caption. They should be formatted with horizontal lines only: vertical ruled lines are not required. Footnotes to tables should be indicated with a), b), c) etc. and typed on the same page as the table.

### **Figures**

Should be on separate pages but not inserted into the text. All figures must be referred to in the text and numbered with Arabic numerals in the sequence in which they are cited. Each figure must be accompanied by a legend explaining in detail the contents of the figure and are to be typed under the figures. Graphs and bar graphs should preferably be prepared using Microsoft Excel and submitted as Excel graph pasted in Word. Alternatively, photographs can be submitted as JPEG images. Keys to symbols, abbreviations, arrows, numbers or letters used in the illustrations should not be written on the illustration itself but should be clearly explained in the legend. Avoid inserting a box with a key to symbols, in the figure or below the figure. All Tables and Figures captions and legends should be typed on a separate page.

### **Discussion**

This section should deal with the interpretation of results, making the readers to understand the problem taken and should be logical. The discussion should state the scope of the results, which need to be further explored.

### **Conclusions**

Concisely summarizes the principal conclusions of the work.

### **Acknowledgments**

**Technical** assistance and advice may be acknowledged in a section at the end of the text. Only named individuals should be included in this section. Authors are responsible for obtaining written permission from everyone providing a personal communication or acknowledged by name in the manuscript and for providing to the Editor a copy of the permission, if requested.

## References

Citations of literature within the text must be presented in numerical order and should be set in square brackets, thus [1, 12]. The cited literatures are also collected in numerical order at the end of the manuscript under the heading "References". Titles of journals should be abbreviated according to the index medicus. Please give the DOI (Digital Object Identifier) if the paper is not yet in print.

Please note the following examples.

### Journals

[1] Donald DH. Oxidative stress and vascular disease. *Arterioscler Thromb Vasc Biol* 2005; 26:689-695.

[2] Donne ID, Ranieri R, Roberto C, Daniela G, Aldo M. Biomarkers of oxidative damage in human disease. *Clin Chem*. 2006; 52:601-623.

[3] Liu TS, Wang Y, Chen SY, Sun YH. An updated meta-analysis of adjuvant chemotherapy after curative resection for gastric cancer. *EJSO*. 2008; 34: 1208-1216.

### Chapter in a book

[1] Goadsby PJ. Pathophysiology of headache. In: Wolff's headache and other head pain. Silberstein SD, Lipton RB, Dalessio DJ (eds). 7th ed. Oxford, England, Oxford University Press, 2001, pp 57-72.

## ■ Article Proofs

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Original Article, Review Article: US \$ 400 (for overseas authors), INR 14000 (for authors from India)

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